

Cardiac PET – Patient Prep

Overview

A Cardiac Positron Emission Tomography (PET) exam is used by doctors to evaluate heart health and blood flow to the heart. Patients scheduled for this exam may have symptoms and/or risk factors for heart disease.

Examination Time

Cardiac PET exams: Scheduled ONLY on Monday, Wednesday, and Friday from 12:30pm-5:45pm

Total exam time: 45 minutes

Patient Preparation

1. For optimal results the patient should discontinue all cardio active medications before the study:
 - Beta-blockers, e.g. propranolol, for at least 24 hours.
 - Long acting nitrates for at least 4 hours, nitroglycerin for at least 1 hour.
 - Calcium channel blockers.
2. The patient should fast 4hours prior to the scheduled exam.
3. No caffeine, chocolate, or decaffeinated products should be consumed 24 hours prior to the scheduled exam.
4. The patient should wear comfortable clothing and leave jewelry at home.