



NUCLEAR MEDICINE EXAM PREPS

Patient Name: _____

Dr. _____ has ordered a _____.

Appointment Date/Time: _____

Please follow the prep outlined below based on the exam you will be having completed.

§	BONE SCAN	No preparation is required. Allow approximately 15 minutes for an injection in your arm. You will be brought back 3 – 4 hours later for the scan during which time you will be instructed to drink <u>at least</u> 32oz. of fluid (water, juice, etc.). Eating is permitted. Voiding is encouraged. Please allow at least one hour upon returning for the scan.
§	THYROID SCAN & UPTAKE	Do not eat or drink after midnight the evening before the exam. Thyroid medications, iodine received for x-ray studies (IVP or CT), vitamins & cough syrups containing iodine can interfere with the exam. Please inform your physician if you have had x-ray dye in the past 30 days or are taking any of these medications. At your appointment time, you will be given a capsule to take. You will then be instructed to remain fasting and return to the department 2 hours later for approximately 15 minutes. After this, food and beverages are permitted. You must then return to the department 4 hours later for approximately 45 minutes.
§	LIVER/SPLEEN SCAN	No preparation is required. Scanning will take place approximately 30 minutes after an injection in your arm. This scan will take approximately 30 minutes.
§	BILIARY SCAN	Do not eat or drink 4 hours prior to the exam. Scanning will begin immediately after an injection in your arm and will take approximately 60 minutes. In many cases, based on your own physiology, a delay image is necessary several hours after the injection.
	BILIARY SCAN WITH CCK	Do not eat or drink 4 hours prior to the exam. Scanning will begin immediately after an injection in your arm and will take approximately 1 hour 45 minutes. In many cases, based on your own physiology, a delay image is necessary several hours after the injection.
§	RENAL SCAN	Drink 32 oz. of fluids (water, juice, etc.) beginning 2 hours before your appointment. Void as often as necessary. You will receive an injection in your arm. Scanning time is approximately 45 minutes.
§	RENAL SCAN W/ CAPTOPRIL	Nothing to eat 3 hours before the exam. Please do not take your ace inhibitors/blood pressure medications for 24 hours before your exam. Drink 32 oz. of fluids (water, juice, etc.) beginning 2 hours before your appointment. Void as often as necessary. You will receive an injection in your arm. Scanning time is approximately 2 hours with blood pressures taken every 15mins the 1 st hour.

NOTE: ALL INJECTIONS ARE GIVEN I.V. AND PRODUCE NO SIDE EFFECTS.

IF YOU HAVE ANY QUESTIONS, PLEASE CALL US AT: 321-725-4500 Ext. 7529 / 7203